

# How to care for an indwelling urinary catheter correctly?


**1**

Wash your hands before and after handling the catheter, tubing or drainage bag.


**2**

Clean the urethral area around the catheter and the catheter with soap and water daily.

**3**

Make sure to maintain a closed drainage system. Keep the catheter or the drainage bag tubing free from kinks at all time.

Women: Tape the catheter to the inner thigh.

Men: Tape the catheter to the lower abdomen or the inner thigh.

**4**

Place drainage bag below bladder level at all time, do not fill urine exceed 3/4 of the bag and keep outlet valve from crossing contamination.

**5**

Contact the health care provider immediately if you notice abnormal leakage of urine from the catheter, if the catheter is damaged, dislodged, obstructed or if the patient has fever.



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