

**Precaution Checklist for Persons under Home (Self) Isolation/Quarantine
Going Outside for Compassionate Reasons**

PERSONAL INFORMATION

NAME		Mobile Phone No.	
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PRECAUTION CHECKLIST

Item	No.	Contents	Status	
			Yes	No
Personal precaution measures	1	No fever, cough, diarrhea, loss of smell or taste, or other symptoms		
	2	Do not take public transportation		
	3	Wear a mask		
	4	Keep social distance		
	5	Keep hand hygiene		
Regulations for going outside	6	The application for going outside is approved by the local health authority.		
	7	The applicant goes outside within 3 calendar days after receiving his/her negative test report. (The date of receipt is Day 1)		
	8	The duration, in principle, may not exceed 2 hours (travel time between locations excluded).		
	9	The hospital's permission to visit has been obtained. (ONLY for persons who go to hospitals for visiting patients)		

Date: