

**COVID-19 Health Declaration and Self-Health Management Notice**  
**for crew members of Taiwanese airlines**  
**(who have NOT entered countries under Level 3 travel notice)**

2021/01/01  
First edition

<b>Name (Signed by the informed case or legal representative)</b>	<b>Gender</b> <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other	<b>ID card No./Passport No.</b>
<b>Flight No./ Vessel Name</b>	<b>Telephone in Taiwan</b> Cellular phone _____ Landline _____	
<b>Address in Taiwan</b> _____		
<b>1. Have you had fever, respiratory symptoms (cough, shortness of breath, etc.) or following symptoms during the past 14 days? (for those who have taken medications, please answer "Yes")</b> <input type="checkbox"/> NO <input type="checkbox"/> YES: <input type="checkbox"/> Fever <input type="checkbox"/> Cough <input type="checkbox"/> Runny/ stuffy nose <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Diarrhea <input type="checkbox"/> Loss of smell or taste <input type="checkbox"/> Malaise <input type="checkbox"/> Limb weakness		
<b>2. Have you been to these places during the past 14 days ?</b> <input type="checkbox"/> China/ Hong Kong/ Macao <input type="checkbox"/> Japan/ South Korea <input type="checkbox"/> U.S.A/ Canada <input type="checkbox"/> Europe <input type="checkbox"/> Southeast Asia/ South Asia <input type="checkbox"/> Middle East <input type="checkbox"/> New Zealand/ Australia <input type="checkbox"/> Others		
<b>3. Have you had contact with any suspected or confirmed COVID-19 cases during the past 14 days?</b> <input type="checkbox"/> YES <input type="checkbox"/> NO		
<b>★According to Subparagraph 2, Paragraph 1, Article 58 of the Communicable Disease Control Act, inbound passengers are required to accurately fill out and submit this notice to Taiwan CDC quarantine stations or immigration counters upon arrival, and follow quarantine regulations. Any person who refuses, evades or obstructs abovementioned measures shall be fined NT\$10,000 up to NT\$150,000 according to Article 69 of the Act.</b>		

To reduce the risk of disease transmission and protect your family and friends, please abide by the following self-health management regulations:

- Please keep your hands clean. You should wash your hands with soap or alcohol-based hand sanitizers frequently. In addition, please refrain from touching your eyes, nose and mouth with your hands. If your hands touch any secretions from your respiratory tract, please wash your hands with soap and water thoroughly.
- During the self-health management, please record your temperature, health status, and daily activities twice a day (morning and evening) correctly.
- During the period, if you have no symptoms, please still avoid going to public places, and postpone all non-essential or non-urgent medical care or examinations. When you go outside, please ensure that you wear a medical mask all the time as required.
- If you have fever ( $\geq 38^{\circ}\text{C}$ ), loss of smell or taste, diarrhea or any respiratory symptoms, please put on a medical mask and go to a hospital as soon as possible. Please avoid taking public transportation when you visit the hospital. Please voluntarily inform your physician of your contact history, travel history, residence history, occupational exposure, and whether anyone else has similar symptoms. Moreover, you must immediately report to your airline company and temporarily discontinue your flight duties.
- During illness, please rest at home, wear a medical mask and avoid going outside. If your mask is contaminated by secretions of nose or mouth, please fold it and throw it into the trash immediately.
- During illness, please wear a medical mask and keep at least 1 meter away from others while talking to them.
- After you seek medical care, are tested for COVID-19 in the hospital, and return home, please stay at home and do not go outside before you receive your test results. If your test results come back positive, the local health authority will inform you and help you seek medical attention. You are still required to conduct self-health management for 14 days even if you test results come back negative. If your symptoms become worse, please make sure to wear a medical mask and contact local health authority or call the toll-free hotline 1922 to obtain instructions on seeking medical attention. Please do not use public transportation to go to the hospital.
- Those who flout the self-health management regulations will violate Subparagraph 3, Paragraph 1, Article 58 of the Communicable Disease Control Act, and be fined NT\$10,000 up to NT\$150,000 in accordance with Article 69 of the Communicable Disease Control Act.

<b>Self-health management starts on</b> ___/___/___ (yyyy/mm/dd) (To be filled out by Staff)	Stamp
<b>Self-health management ends on</b> ___/___/___ (yyyy/mm/dd) 24:00 (To be filled out by Staff)	
<b>Competent authority</b>	
Taiwan Centers for Disease Control, Ministry of Health and Welfare	
<b>Date :</b> ___/___/___ (yyyy/mm/dd) (To be filled out by Staff)	

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