

# 「預防伊波拉病毒感染」健康關懷卡

剛果民主共和國發生伊波拉病毒感染疫情，提醒您避免不必要前往該地區的旅行。如須前往，請落實個人衛生與手部清潔，切勿接觸生病的人或動物。

入境時，如出現發燒、嘔吐、腹瀉、出血或瘀青等疑似症狀，請立即通知檢疫人員，並配合相關檢疫措施。返國後21天內，如有前述症狀，請立即撥打免付費防疫專線1922(或0800-001922)，並請戴口罩、勿自行就醫、避免接觸他人。更多防疫資訊，請查詢[www.cdc.gov.tw](http://www.cdc.gov.tw)。



**衛生福利部疾病管制署 關心您**

# **Ebola Virus Disease Travel Health Notice**

Taiwan CDC recommends that you avoid nonessential travel to Ebola affected areas in Democratic Republic of the Congo. If you decide to travel to the affected areas, please practice good personal hygiene and avoid all direct contact with patients and sick animals. Upon your arrival in Taiwan, if you have experienced suspected symptoms such as fever, vomiting, diarrhea or unexplained hemorrhage (bleeding or bruising), please notify the quarantine officer immediately. If you develop symptoms within 21 days after arrival, please call the toll-free hotline 1922(or 0800-001922), put on a mask, do not contact anyone and seek medical care on your own . For more information, please visit the Taiwan CDC website at [www.cdc.gov.tw](http://www.cdc.gov.tw).



**Taiwan Centers for Disease Control**