

Prevention Measures for Norovirus

1 Wash hands with soap & water frequently.

Wash hands with soap and water thoroughly after using the toilet and always before eating and preparing food. (Alcohol-based hand sanitizers are ineffective at warding off norovirus.)



2 Cook foods thoroughly.

Cook all foods thoroughly, especially oysters and other shellfish, before consumption.



3 Disinfect environment.

Change contaminated clothing and bedding used by patients immediately and disinfect toilets, door knobs, toys, and all objects used by patients with 1,000 ppm chlorine solution.



4 Handle patients' vomit and excretions with care.

Put on gloves and face masks when handling patients' vomit and excretions, and disinfect the excretions with 5,000 ppm chlorine solution before flushing them away.



5 Rest at home when sick.

When experiencing symptoms, especially food workers, seek immediate medical attention and rest at home, and only resume work 48 hours after symptoms are relieved.



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