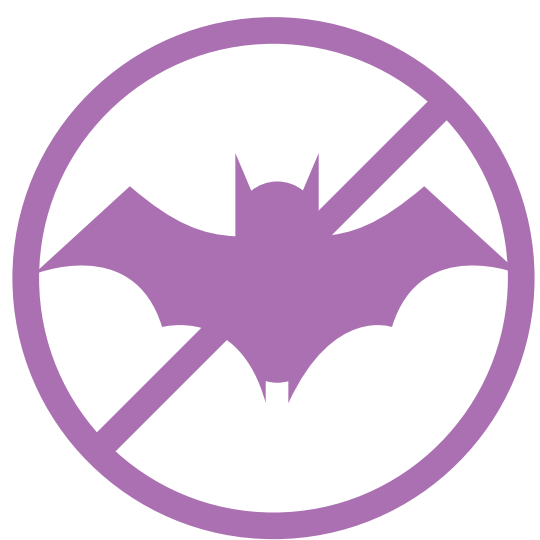


Travel precautions for **Ebola-affected** areas

Ebola affected areas:
Democratic Republic of the Congo
(North Kivu and Ituri provinces)

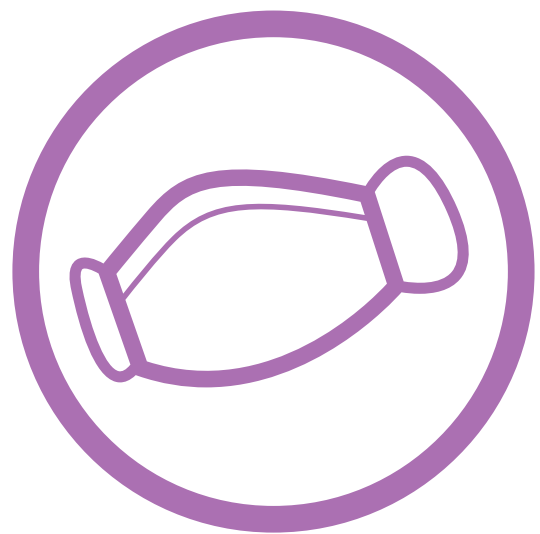
Prevention of Ebola



Avoid contact with wild animals.



Avoid visiting patients in hospital.



Wash hands frequently.
Wear a mask when coughing.

Health guidance after returning

21

Self-health management for 21 days.



Notice suspected symptoms such as fever, vomiting, diarrhea, and unexplained hemorrhage (bleeding or bruising).

1922

Call the toll-free hotline (1922) if you develop suspected symptoms.
Do not seek medical care on your own.



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