

# ***Epidemiology Bulletin***

REPUBLIC OF CHINA

## **- Contents -**

Clonorchis sinensis in Taiwan

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#### **Forewords:**

Clonorchis sinensis, or Oriental liver fluke, is prevalent in Japan, Korea, Vietnam, and Fukien, Canton and Taiwan provinces of China. In Taiwan, it is more prevalent in the Hakka villages of Pintung County, Chi-shan and Mei-nung townships of Koahsiung County, Kuo-hsing and Pu-li townships of Nantou County, and Shi-tang, Ta-hu and Chuo-lang townships of Miaoli County. The disease seems to be related to the habit of eating raw fishes (sasimi) and other raw foods. Surveys of intestinal parasites among 1.8 million school children by the Parasite Association of the Republic of China found 1,657 cases in 1978, 2,038 in 1979, 2,209 in 1980, and 994 in 1981. The infection rate in the endemic areas in Taiwan is estimated to be between 10 and 59%.

#### **Survey of Intermediate Hosts:**

About 35 types of fresh-water snails are found to be the first intermediate host for Clonorchis sinensis. They include snails such as: *B. longicornis*, *Parafossarulus manchouricus*, *Parafossarulus atriatulus*.

Fresh-water carps (Cyprinidae) are the major second intermediate host. There are 30 some types of them throughout the Taiwan Area including such as: *Zacco platypus*, *Zacco platypus*, *Rhodeus ocellatus*, *Carrasius auratus*, *Aristichthys nobilitis*, *Ctenopharyngodon idellus*. The infection rates for *Ctenopharyngodon idellus*, *Pseudorasbora parva*, *Tilapia mossambica* are found by past surveys to be between 1 and 90%.

From the 575 fish specimens collected by the Institute from 29 townships in 10 cities and counties between June and December 1986, 6,566 encysted larvae (including some larvae of other Trematodiasis) have been identified, averaging 11.4 encysted larvae per fish. For instance, from the 9 *Zacco platypus*, 559 encysted larvae, and from the 13 *Zacco platypus*, both collected in Chia-hsien township, 5,040 larvae have been identified; from the 5 *Carrasius auratus* collected in Chi-shan, 282 larvae, and from the 28 *Rasborinus fukiensis* collected in Shuei-li, 269 larvae have been identified (see Table 1).

Between February 1987 and December 1989, from the 689 fresh-water fishes collected in 36 townships of 10 cities and counties, 22,031 encysted larvae of *Clonorchis sinensis* (including some larvae of other Trematodiasis) have been identified, averaging 31.97 larvae per fish. For instance, from the 17 *Carrasius auratus* collected in Shi-ting and Ping-lin, 397 encysted larvae, from the 27 *Carrasius auratus* collected in Kuo-hsin and Lu-ku, 235 larvae, and from the 22 *Carrasius auratus* collected in Shi-tan and Ta-hu, 3,730 larvae have been identified. *Zacco platypus* in 34 areas surveyed are found to be highly infected. The number of larvae in each fish ranges from 2 to 750. Fishes found in Lu-ku township of Nantou County have the highest average number of larvae at 750, fishes of Shi-tan township of Miaoli County at 366, and fishes of Tung-shan township of Ilan County at 130. *Rhodeus ocellatus* in 6 areas survey are found infected with 1 to 26 larvae per fish. *Carrasius auratus* in 5 areas out of 13 surveyed are found infected. *Rasborinus fukiensis* in Yu-chi and Pu-li townships of Nantou County are also infected (972 larvae in 22 fishes, averaging 44.18 per fish). *Ctenopharyngodon idellus*, *Aristichthys nobilitis*, *Tilapia mossambica*, however, are not infected (see Table 2). Survey findings show that *Clonorchis sinensis* is widely distributed throughout the Taiwan Area. Areas that are found uninfected may be so just because they are not yet discovered. More surveys are needed.

#### **Study of Cases:**

A survey of the infection status of the general public in Kuo-hsing Township of Nantou County and Shi-tan Township of Miaoli County was conducted by the Institute between August and November 1989. The general findings are as follows:

Fecal specimens of 800 residents of Chang-liu, Chang-fen, and Chu-mu villages of the above-mentioned townships have been tested with hydrochloric acid, sodium sulfate, and Tritone sedimentation (AMS III method) to find 102 persons infected with *Clonorchis sinensis* eggs, at an average infection rate of 12.75%. The infection rates range from the highest 21.29% in Chu-mu village, 10.55% in Chang-liu village, to 9.28% in Chang-fen village (see Table 3). The infection rates by age are: 38.24% for persons above 60 years of age, 22.55% for persons in the 50-50 age group, 18.63 for the 40-49 age group, 14.71 for the 30-39 age group, 2.94 for the 20-29 age group, 1.96 for persons under 10 years of age, and 0.98 for the 10-19 age group (see Table 4). The survey result shows that these are the most highly infected areas. More surveys are needed to find out if the neighboring areas with similar food habits are also infected. The infection rate is higher in male (65.68%) than in female (34.31%), and increases with age.

#### **Conclusion:**

The present survey covers a small part of Taiwan Area. More areas will be surveyed in the future. For the prevention, the public should be discouraged from eating raw fresh-water fishes. No toilet should be built on fish ponds, and fishes should not be fed with human or animal wastes. Once identified, cases should be treated with medicines to avoid further infection. Local health workers should give more attention to the prevention of this infection.

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Table 1. Survey of the Second Intermediate Host for *Clonorchis sinensis*

Location		Fresh-Water Fish															Remarks	
County	Township	(1)	(2)	(3)	(1)	(2)	(3)	(1)	(2)	(3)	(1)	(2)	(3)	(1)	(2)	(3)		
Miaoli	Nanchuan	7	(-)														June 1986	
	Sanwan	10	(-)	3	(-)												June 1986	
	Chaochiau Shitan	6	(-)	7	(-)												June 1986	
Hsinchu	Chutung	10	1	0.10													June 1986	
	Chenshi Wufeng	8	(-)	4	(-)												June 1986 June 1986	
Nantou	Puli	10	4	0.40	10	(-)		3	(-)								July 1986	
	Kuohsing	10	6	0.60	7	(-)	0.38										July 1986	
	Shueili Yuchi	7 10	8 (-)	1.15	8 3									28	269	9.61	July 1986 July 1986	
Taoyuan	Lungtan	37	(-)								1	(-)					August 1986	
	Talisi	46	(-)								1	(-)					August 1986	
Hsinchu	Kuanhsi	30	11	0.37	2	2	1										August 1986	
Taoyuan	Yangmei	40	(-)														August 1986	
Ilan	Sanhsing	45	118	2.63													August 1986	
	Lotung	23	(-)		8	(-)											August 1986	
Tai-chung	Tachia				20	12	0.60										September 1986	
	Taan	25	56	2.24	2	2	1										September 1986	
	Tungshu	15	(-)		13	5	0.39										September 1986	
	Wufeng	25	109	4.36													September 1986	
Chiayi	Putze										2	(-)					November 1986	
	Chuchi																November 1986	
	Putai										3	(-)					November 1986	
Kao-hsiung	Lukwei	11	27	2.46	13	15	1.16										December 1986	
	Meimung	6	7	1.1	7	10	1.4			5	28	5.6					December 1986	
	Chushan																December 1986	
	Chiahsien Taoyuan	9	550	61.12	13	5040	387.7							5	282	56.40	December 1986	
Total		390	892	2.30	117	5089	43.49	8	28	3.50	7	(-)	25	282	22.28	28	269	9.60

Notes: 1. (1) - No. of fishes examined; (2) - No. of encysted larvae; (3) - Average no. of encysted larvae per fish.

2. For large fishes such as *Aristichthys nobilitis*, *Ctenopharyngodon idellus*, a portion of the meat is tested; for small fishes, the centre fish is used for testing.

Table 2. Survey of the Second Intermediate Host for *Clonorchis sinensis*

Location	County	Township	Fresh-Water Fish									Remarks				
			(1)	(2)	(3)	(1)	(2)	(3)	(1)	(2)	(3)		(1)	(2)	(3)	
Taipei		Shenkeng	20	6	0.30	14	(-)									February 1987
		Shiting	14	282	20.1	7	1065	150								February 1987
		Pinglin				10	2921	292.1	5	79	15.8					February 1987
		Shuanhsi	11	152	13.81				6	109	18.2					February 1987
		Kuantzelin	15	16	1.1				8	41	5.1					March 1987
Tainan		Wushantou													March 1987	
		Hsinying							5	23	4.6				March 1987	
		Sitsunghsi	38	68	1.78										March 1987	
Pin-tung		Santinei	5	21	4.20										March 1987	
		Hengchung	14	34	31.0										March 1987	
		Wanruan	5	9	1.80										March 1987	
		Neipu							40	30	0.75					March 1987
Ilan		Chauchou													March 1987	
		Tungshan	24	3137	130.7	1	47	470							April 1987	
		Yuanshan	7	548	78.2										April 1987	
Hua-lien		Ilan													April 1987	
		Jueishuet													April 1987	
Tai-tung		Chipen														April 1987
		Taitung														April 1987
		Yuchi														September 1988
		Wushe	19	149	7.84											September 1988
		Puli	15	58*	3.87	7	17*	2.43								September 1988
Ping-tung		Chushan	6	49*	8.17											September 1988
		Luku	23	1447	62.91	1	120*									September 1988
		Mingchien	5	102	20.40											September 1988
		Chauchou														February 1989
		Checheng	62	(-)												February 1989
Kao-hsung		Santi	16	(-)												February 1989
		Liukwei	10	(-)												February 1989
		Chahsian	15	(-)												February 1989
		Kuohsing	20	258	12.9	15	200	133								February 1989
		Luku	2	1500	750	12	35	2.92								February 1989
Miaoli		Yuchi														October 1989
		Puli														October 1989
		Shtiang	10	3665	366.5	7	3650	521.4								October 1989
		Sanwang	19	425*	22.37											October 1989
Taichung		Tahu	15	124	8.27	15	53	3.53								November 1989
		Cholang	13	(-)		12	(-)									November 1989
		Tungshi														December 1989
Total		403	12050	29.90	101	7983	79.04	68	387	5.69	1	(-)			December 1989	

Notes: \*Metarctis SP

1. (1) - No. of fishes examined; (2) - No. of encysted larvae; (3) - Average no. of encysted larvae per fish.

2. For large fishes such as *Aristichthys nobilitis*, *Ctenopharyngodon idellus*, a portion of the meat is tested; for small fishes, the entire fish is used for testing.

**Table 3. Survey of Clonorchis sinensis Infection  
in Nantou and Miaoli Counties, August-November 1989**

County	Township	Village	No. examined	No. positive	% positive
Nantou	Kuohsing	Changliu	275	29	10.55
Nantou	Kuohsing	Changfeng	323	30	9.28
Miaoli	Shitan	Chumu	202	43	21.29
Total			800	102	12.75

**Table 4. Clonorchis sinensis Infection Rate by Age and Sex,  
Nantou and Miaoli Counties, August-November 1989**

Location	No. positive	Sex	Age						
			-10	10-19	20-29	30-39	40-49	50-59	60+
Changliu, Nantou	29	M(20) F( 9)	1(3.45)	0	0	3(10.33)	3(10.35)	3(10.35)	10(34.48)
Changfeng, Nantou	30	M(19) F(11)	1(3.33)	0	1(3.33)	3(10.00)	3(10.00)	5(16.67)	6(20.00)
Chumu, Miaoli	43	M(28) F(15)	0	0	2(4.65)	5(11.63)	5(11.63)	7(16.28)	9(20.93)
Total	102	M(67) F(35)	2(1.96)	0	3(2.94)	11(10.78)	11(10.78)	15(14.71)	25(24.51)
	102		2(1.96)	1(0.98)	0	4( 3.92)	8( 7.84)	23(22.55)	39(38.24)

**References:**

1. Kim, DC and Kunz, RE: Epidemiology and Helminth Diseases: Clonorchis sinensis (Cobbold, 1875) Looss, 1907 on Taiwan (Formosa), C.M.J. 11: 29-47, 1964