

PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER

Rifampicin 75mg and Isoniazid 50mg Dispersible Tablet

**Read all of this leaflet carefully before you start taking this medicine.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, health care provider or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or health care provider. This includes any possible side effects not listed in this leaflet.

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**1. WHAT RIFAMICIN 75mg + ISONIAZID 50mg DISPERSIBLE TABLET IS AND WHAT IT IS USED FOR**

Rifampicin 75mg + Isoniazid 50mg Dispersible tablets are used to treat tuberculosis in children. Although the product is intended for children, safety information on its use in adults is given.

**2. BEFORE YOU GIVE RIFAMICIN 75mg + ISONIAZID 50mg DISPERSIBLE TABLET**

**Do not give Rifampicin 75mg + Isoniazid 50mg Dispersible Tablet if your child:**

- is allergic (hypersensitive) to isoniazid, or rifampicin, or to any of the other ingredients of this product;
- has acute liver disease;
- has drug-induced liver disease;
- has liver damage linked to isoniazid or rifampicin before;
- has had severe side effects to isoniazid or rifampicin, such as drug fever, chills;
- is being treated with voriconazole (a medicine for fungal infections) or with a medicine against HIV infection that belongs to the class of protease inhibitors.

**Take special care with Rifampicin 75mg + Isoniazid 50mg Dispersible Tablet:**

Rifampicin 75mg + Isoniazid 50mg Dispersible tablet may cause liver disease (hepatitis). You should watch out for symptoms that might be caused by damage, such as unexplained loss of appetite, nausea, vomiting, dark urine, yellow discolouration of the skin (jaundice), persistent fever, lasting longer than 3 days, and abdominal pain and tenderness. If these occur, you should immediately tell your child's doctor or health care provider.

People at special risk for developing hepatitis include those:

- older than 35 years;
  - who drink alcoholic beverages daily;
  - who have had hepatitis before;
  - who inject drugs (e.g. heroin).
- The doctor or health care provider will carefully check the liver function of people at special risk. Furthermore, the following will be carefully monitored:
- those who take any long-term medicines while being treated with Rifampicin 75mg + Isoniazid 50mg Dispersible tablets;
  - those suffering from tingling in the hands and feet (peripheral neuropathy);
  - those who have HIV infection.
- If your child gets flu-like symptoms such as fever, headache and muscle aches, you should report this to your child's doctor or health care provider, since Rifampicin 75mg + Isoniazid 50mg Dispersible tablets may be the cause.

Tingling in the hands and feet (peripheral neuropathy) is the most common side effect of isoniazid, one of the active ingredients in this tablet. Isoniazid 50mg Dispersible tablets. You should report tell your child's doctor or healthcare provider of any such symptoms. Your child should be given a certain vitamin, pyridoxine, every day during treatment with Rifampicin 75mg + Isoniazid 50mg Dispersible tablets, because it largely reduces the risk of your child developing neuropathy.

If your child is allergic to ethionamide or niacin (nicotinic acid), you should tell your child's doctor or health care provider, because your child may also be allergic to Rifampicin 75mg + Isoniazid 50mg Dispersible tablet.

Tell your child's doctor or health care provider if your child:

- has epilepsy or a history of psychiatric disease because this may increase the chances of your child suffering certain side effects with Rifampicin 75mg + Isoniazid 50mg Dispersible tablets;
- has kidney problems, diabetes or porphyria because Rifampicin 75mg + Isoniazid 50mg Dispersible tablets may affect their action. Side effects of either medicine may become worse or the medicines may become less effective.
- is taking cortisone or any cortisone-like drug because the cortisone dose may have to be increased while your child is taking Rifampicin 75mg + Isoniazid 50mg Dispersible tablets.

It is normal for Rifampicin 75mg + Isoniazid 50mg Dispersible tablets to discolour body fluids such as urine, sputum and tears reddish-orange. This is due to the medicine and you do not need to tell your child's doctor or health care provider of this if the colour change is temporary.

Rifampicin 75mg + Isoniazid 50mg tablets can reduce the effects of oral contraceptive pills. Therefore a different or additional method of contraception (e.g. condoms, intra-uterine device, or pessary) should be used during treatment with Rifampicin 75mg + Isoniazid 50mg Dispersible tablets.

It is important that your child's doctor or healthcare provider knows about all your child's symptoms, even when you think they are not related to tuberculosis infection.

**Taking other medicines**

It is important that you tell your child's doctor, health care provider or pharmacist if your child is taking or has recently taken any other medicines, including medicines obtained without a prescription. These medicines may affect the action of Rifampicin 75mg + Isoniazid 50mg Dispersible tablets, or Rifampicin 75mg + Isoniazid 50mg Dispersible Dispersible tablets may affect their action. Side effects of either medicine may become worse or the medicines may become less effective.

Rifampicin Rifampicin 75mg + Isoniazid 50mg should not be taken with:

- voriconazole (a medicine used to treat fungal infections);
- HIV protease inhibitors (drugs used to treat HIV infection);
- aluminium hydroxide (medicine used to treat indigestion and other stomach disorders);
- disulfiram (medicine used for the treatment of chronic alcoholism).

The active ingredients of Rifampicin 75mg + Isoniazid 50mg Dispersible tablets may also interact with a great number of other medicines, including for instance:

- Drugs to treat HIV infection (e.g. efavirenz, nevirapine)
- Drugs to treat fungal infections (e.g. ketoconazole, flucconazole)
- Antibiotics (e.g. clarithromycin)
- Drugs to treat malaria (e.g. quinine)
- Immunosuppressant drugs (e.g. cyclosporin, tacrolimus)
- Drugs to treat heart conditions (e.g. verapamil, digoxin)
- Drugs to treat blood lipids (e.g. simvastatin)
- Some drugs to treat diabetes (e.g. glibenclamide)
- Oral contraceptive pills
- Medicines used to treat epilepsy (e.g. phenytoin, carbamazepine, valproate)
- Medicines used to help with sleep (benzodiazepines, e.g. diazepam, flurazepam, triazolam, midazolam)
- Medicines used for certain psychiatric conditions (antipsychotics, e.g. chlorpromazine, haloperidol)
- Medicines for preventing blood clots (cumarin or indandione derivatives, e.g. warfarin)
- Medicines used at surgery (opioids and anaesthetics, e.g. alfentanil, enflurane)
- Corticosteroids (e.g. prednisolone, medicines for the treatment of inflammation and other diseases, such as asthma or rheumatoid arthritis)
- Paracetamol (pain killer)

Taking any of these together with Rifampicin 75mg + Isoniazid 50mg Dispersible tablets may be unsuitable or the dose may need to be changed.

**Taking Rifampicin 75mg + Isoniazid 50mg Dispersible Tablet with food and drink**

Rifampicin 75mg + Isoniazid 50mg Dispersible tablets should be taken on an empty stomach (at least one hour before or two hours after a meal).

Alcohol should be avoided while taking Rifampicin 75mg + Isoniazid 50mg Dispersible tablets because it increases the risk of liver damage.

Eating cheese or fish (histamine- or tyramine-rich food) while being treated with Rifampicin 75mg + Isoniazid 50mg Dispersible tablets may cause itchiness and redness of the skin, sensation of heat, rapid or pounding heartbeat, sweating, chill or clammy feeling, headache and lightheadedness. Cheese and fish should be avoided if these effects occur while taking Rifampicin 75mg + Isoniazid 50mg Dispersible tablets.

**Pregnancy and breast-feeding**

If a woman becomes pregnant, or is planning to become pregnant, a healthcare provider should be contacted to discuss the potential benefits and risks of the tuberculosis treatment for the mother and the child.

Isoniazid and rifampicin appear in breast milk. No adverse effects have been reported in breast-fed infants whose mothers were receiving isoniazid and rifampicin. The amount of these drugs in breast milk is too low to protect the breast-fed infant against tuberculosis.

**Driving and using machines**

Rifampicin 75mg + Isoniazid 50mg Dispersible tablets may cause visual disturbances, dizziness and other side effects of the nervous system that can impair the ability to drive and to use machines.

**3. HOW TO TAKE RIFAMICIN 75mg + ISONIAZID 50mg DISPERSIBLE TABLET**

Rifampicin 75mg + Isoniazid 50mg Dispersible tablets should always be taken exactly as described by the doctor or healthcare provider. You should check with your child's doctor, healthcare provider or pharmacist if you are not sure. The dose of Rifampicin 75mg + Isoniazid 50mg Dispersible tablets depends on the weight of your child.

**For the continuation phase of TB treatment:**

Weight (kg)	No. of tablets
4-7	1
8-11	2
12-15	3
16-24	4
25+	1 Adult dosages recommended

Disperse the required dose of Rifampicin 75mg + Isoniazid 50mg Dispersible tablets in about 50 ml water and make sure that the child drinks all the fluid. Once the tablets have been added to water it should be drunk within 10 minutes.

Rifampicin 75mg + Isoniazid 50mg Dispersible tablets should be taken on an empty stomach (at least one hour before or two hours after a meal).

If your child has kidney disease, your child's doctor may prescribe rifampicin and isoniazid separately rather than in a single tablet.

Your child's doctor or health care provider will decide on the duration of treatment for your child.

**If you give more Rifampicin 75mg + Isoniazid 50mg Dispersible tablets than you should:**

Taking too many Rifampicin 75mg + Isoniazid 50mg Dispersible tablets may cause vomiting, gastrointestinal disturbances, fever, headache, dizziness, slurring of speech, hallucinations and visual disturbances. The skin may become discoloured reddish-orange and there may be facial swelling and itching. You should immediately contact a doctor, healthcare provider or the nearest hospital emergency department for further advice.

**If you forget to take Rifampicin 75mg + Isoniazid 50mg Dispersible tablets:**

If a dose is missed, a dose should be taken as soon as possible, unless the next scheduled dose is due within 6 hours.

Skip the missed dose if it is almost time for the next regular dose.

A dose should not be doubled to make up for a missed dose.

**If your child stops taking Rifampicin 75mg + Isoniazid 50mg Dispersible tablets:**

Your child should keep taking the medicine for as long as the doctor or health care provider has ordered, even if feeling better. If the medicine is stopped too soon, the infection may not be completely cured. Treatment should not be stopped unless the doctor prescribes otherwise.

If you have any further questions on the use of this product, ask your doctor, health care provider or pharmacist.

**4. POSSIBLE SIDE EFFECTS**

Like all medicines, Rifampicin 75mg + Isoniazid 50mg Dispersible tablets can cause side effects, but not everybody gets them. When treating tuberculosis, it is not always possible to differentiate between unwanted from Rifampicin 75mg + Isoniazid 50mg Dispersible tablets and those caused by any other medicines your child may be taking at the same time. For this reason, it is important that you inform the doctor or healthcare provider of any change in your child's health.

The following side effects have occurred in patients treated with medicines containing the same active ingredients as Rifampicin 75mg + Isoniazid 50mg Dispersible tablets (isoniazid and rifampicin):

The following side effects have occurred in patients treated with medicines containing the same active ingredients as Rifampicin 75mg + Isoniazid 50mg Dispersible tablets (isoniazid and rifampicin). However, it is not known how frequently they occur:

- allergic reactions, fever, muscle aches, and cough

- skin rash reactions with fever, blisters and involving the mucous membranes, life-threatening anaphylactic reactions

- dizziness, drowsiness

- confusion, disorientation, hallucination

- inflammation of the lungs (pneumonitis)

- inflammation of the optic nerve

- changes in the white blood cell count (leucopenia, neutropenia, eosinophilia, agranulocytosis), possibly resulting in an increased risk of infection

- decreased red blood cell counts (anaemia), possibly leading to fatigue, weakness and shortness of breath

- decreased platelet count, which may result in an increased risk of bruising and bleeding.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your child's doctor, healthcare provider or pharmacist as soon as possible.

**5. HOW TO STORE (RIFAMICIN 75mg + ISONIAZID 50mg DISPERSIBLE TABLET)**

Keep out of the reach and sight of children.

Do not use (Rifampicin 75mg + Isoniazid 50mg dispersible tablet) after the expiry date which is stated on the bottle and carton after (EXP).

Do not store above 25°C in dry place and from light.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**6. FURTHER INFORMATION**

What Rifampicin 75mg + Isoniazid 50mg Dispersible tablets contains

The active ingredients are Rifampicin 75mg + Isoniazid 50mg.

Core tablet: Microcrystalline Cellulose, Crospovidone (Type A), Povidone (PVP K 30), Bleached Shellac, Croscarmellose sodium, Microcrystalline Cellulose (PH 102) Aspartame, Trisil Rasberry Flavour and Magnesium stearate.

What Rifampicin 75mg + Isoniazid 50mg Dispersible tablets looks like and contents of the pack

Each tablet is circular, uncoated biconvex tablets having deep score on one side and plain surface on other side.

\*The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.\*

This product contains Aspartame\*

1. 100 tablets packed in LDPE bag put in Triple laminated sachet kept in HDPE jar finally sealed with tager seal along with pack insert.

2. Alu/Alu Strip pack of 10 tablets such 10 strips in a carton along with pack insert.

3. Alu/Alu Strip pack of 28 tablets such 3 strips in a carton along with pack insert.

INFORMATION DU PATIENTE NOTICE: INFORMATION DE L'UTILISATEUR

Le comprimé dispersible 75 mg rifampicine et l'isoniazide 50 mg

Lire cette notice intégralement avant de prendre ce médicament.

- Gérez cette notice. Vous pourrez la poser près de votre médicament.

- Si vous avez d'autres questions, demandez votre médecin, pharmacien ou fournisseur de soins de santé.

- Ce médicament a été prescrit pour vous. Ne pas le donner à d'autres. Il pourrait leur être nocif, même si leurs symptômes sont les mêmes que les vôtres.

- Si vous avez des effets secondaires, parlez-en à votre médecin, pharmacien ou professionnel de la santé. Cela inclut les éventuels effets indésirables non mentionnés dans cette notice.

Dans cette notice:

1. Quel est 75mg le comprimé dispersible rifampicine + isoniazide 50mg et pour lequel il est utilisé

