Taiwan CDC

2023-2024 Influenza Season

Week 6. Feb 4 - 10. 2024

Synopsis

The epidemic of influenza-like illness (ILI) remained in a plateau phase. In the community, the predominant influenza strain is A/H3N2. The number of influenza cases with severe complications continues to be high, and the risk of severe illness should be noted.

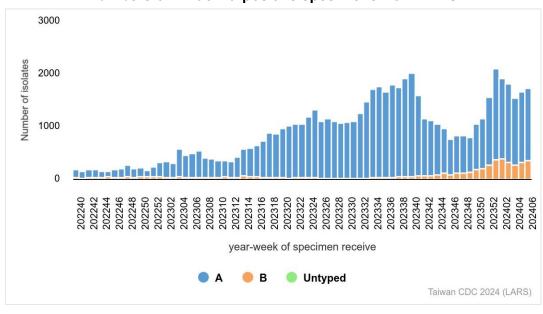
- Due to the closure of some outpatient services during the Lunar New Year holiday, the total number of ILI visits in outpatient and emergency room (ER) was lower than the previous week. It is necessary to continuously monitor the subsequent changes in the epidemic.
- During the last four weeks, A/H3N2 has been the predominant influenza strain circulating in the community, followed by influenza B.
- During 2023-2024 influenza season (since October 1, 2023), there have been 473 influenza cases with severe complications, of which 78 cases were fatal.

Laboratory Surveillance¹

Laboratory Automated Reporting System (LARS)

The number of influenza-positive specimens has shown a slight increase recently. Over the last four weeks, the proportion of influenza A positive specimens was 82%, and the proportion of influenza B was 18%. Data are available at https://nidss.cdc.gov.tw/.

Numbers of influenza-positive specimens from LARS



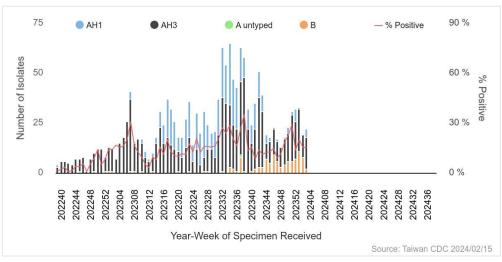
¹ In terms of the surveillance systems in Taiwan, please see: Jian, S. W., Chen, C. M., Lee, C. Y., & Liu, D. P. (2017). Real-Time Surveillance of Infectious Diseases: Taiwan's Experience. Health security, 15(2), 144-153.



Contracted Virology Laboratories Surveillance

During week 1 to 4, 2024, the predominant isolated influenza virus was A/H3N2 (63.2%), followed by influenza B (26.4%) and A/H1N1 (10.4%). Data are available at https://nidss.cdc.gov.tw/.





Antigenicity

During the 2023-2024 influenza season (since Oct 1, 2023), 73 of 75 influenza A/H1N1 viruses (97.3%) were antigenically similar to the vaccine reference strain A/Victoria/4897/2022 (H1N1)pdm09, 216 of 219 influenza A/H3N2 viruses (98.6%) were antigenically similar to the vaccine reference strain A/Darwin/9/2021 (H3N2), and 47 of 47 influenza B/Victoria viruses (100%) were antigenically similar to the vaccine reference strain B/Austria/1359417/2021 (B/Victoria lineage).

WHO recommended vaccine strains for the northern hemisphere in the 2023-2024 influenza season	Vaccine-like (%)	Low reactor (%)
A/Victoria/4897/2022 (H1N1)pdm09-like virus	73 (97.3%)	2 (2.7%)
A/Darwin/9/2021 (H3N2)-like virus	216 (98.6%)	3 (1.4%)
B/Austria/1359417/2021 (B/Victoria lineage)-like virus	47 (100%)	0 (0.0%)

Note: The hemagglutination inhibition (HI) method was used to investigate the antigenicity, and the titer of the isolated virus was at least 8-fold lower than that of the reference virus, identifying it as a low reactor.

Antiviral Resistance

The table below summarizes the antiviral resistance to neuraminidase inhibitor (Oseltamivir) of the isolates during the 2023-2024 influenza season.

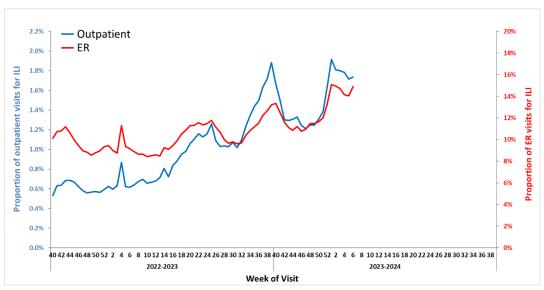
	No. of isolates tested	Resistance Viruses, n (%)
A (H1N1)	70	0 (0%)
A (H3N2)	216 0 (0%)	
В	49	0 (0%)



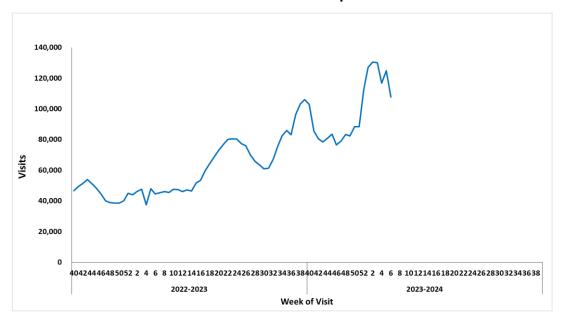
Influenza-like Illness (ILI) Surveillance

During week 6, the proportions of ILI visits were 1.7% in outpatient and 14.9% in the ER, with the latter percentage remaining above the threshold of 11.0%. The total number of visits was 107,781, which was lower than the previous week. This decrease was attributed to the closure of some outpatient services during the Lunar New Year holiday. Data are available at https://nidss.cdc.gov.tw/.

Proportions of ILI visits in outpatient and ER



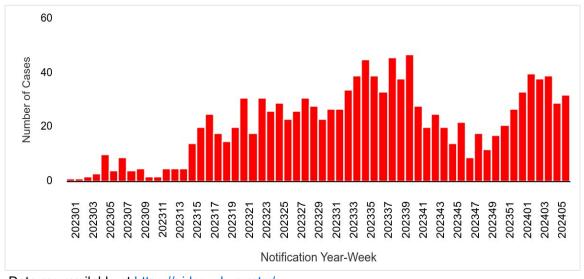
Total number of ILI visits in outpatient and ER



Influenza Case with Severe Complications

There were 38 newly confirmed influenza cases with severe complications (7 of H1N1, 26 of H3N2, 1 of untyped influenza A, and 4 of influenza B), and 7 fatal cases (1 of H1N1 and 6 of H3N2). During 2023-2024 influenza season, a total of 473 influenza cases with severe complications (140 of H1N1, 296 of H3N2, 7 of untyped influenza A, and 30 of influenza B) were confirmed, of which 78 cases were fatal (27 of H1N1, 46 of H3N2, 2 of untyped influenza A, and 3 of influenza B).

Notification trend of confirmed influenza cases with severe complications



Data are available at https://nidss.cdc.gov.tw/.

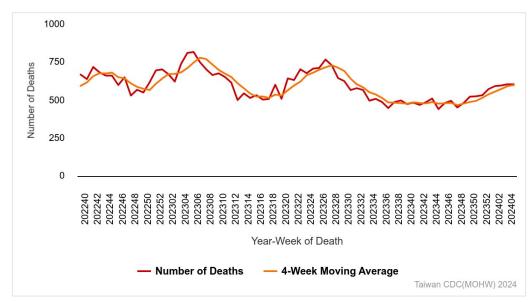
Incidence of influenza cases with severe complications and mortality rate during 2023-2024 influenza season

Age Group	Cases	Deaths	Cumulative incidence per 100,000 population	Cumulative mortality per 100,000 population
< 3 y	3	1	0.68	0.23
3-6 y	11	1	1.48	0.13
7-18 y	26	1	1.06	0.04
19-24 y	3	1	0.19	0.06
25-49 y	71	7	0.82	0.08
50-64 y	84	14	1.59	0.26
65 +	275	53	6.57	1.27
Total	473	78	2.02	0.33

Pneumonia and Influenza (P&I) Mortality Surveillance

Based on the Internet System for Death Reporting (ISDR)² data, the number of deaths attributed to pneumonia and influenza (P&I) has increased recently. The proportion of deaths attributed to P&I for adults aged 65 and older was the highest among the three age groups (0-49, 50-64, and 65+). Weekly data are available at https://nidss.cdc.gov.tw/.

Weekly Number of Deaths due to Pneumonia and Influenza



² Medical institutions are required to report any mortality case to the Ministry of Health and Welfare (MOHW) within 7 days after a death certificate is issued through the Internet System for Death Reporting (ISDR). Either the immediate cause of death or the underlying cause of death was used to identify P&I death cases. Only those with keyword texts containing 'pneumonia', 'influenza' or 'common cold' were counted as a P&I death.



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