Abstract

Over the years, the number of people infected with HIV has continued to increase in Taiwan. Other than encouraging them to early and regularly seeking health care, preventing the spread of the illness shall be the top priority HIV related health care issues. Previous research in the literature has showed that people continue to engage in high risk behaviors even after being diagnosed with HIV infection. It not only endangers the individuals but also make the spread of the illness a health care harzard. Therefore, it is critical to enhance people's capabilities to practice safe sex in prevention of the spread of the illness. The focus of this study is to conduct a qualitative research to understand the facilitating and inhibiting factors related the safe sex practice of people infected with HIV. The results of the study will enhance health care professionals understanding of the related factors of safe sex practice of people infected with HIV. Future efforts can focus on developing interventions to increase the safe care practice of people with HIV.

Keywords: people infected with HIV; safe sex practice; illness prevention